

Achieving the Triple Aim of Health Care Reform: Current Initiatives & Trends in the United States



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THE Institute for Healthcare Improvement (IHI) developed the Triple Aim, a framework that describes an approach to optimizing health system performance. The framework has been widely adopted by thought leaders, policy makers, regulators, providers and payers as the United States strives to achieve health care reform. The framework consists of three dimensions: 1) improving the patient experience of care (including quality and satisfaction), 2) improving the health of populations, and 3) reducing the per capita cost of health care. This session will explore where we are trying to go, how we expect to get there and how long we expect this journey of health care reform to take.

Specifically, we will examine the three dimensions of the Triple Aim by describing the value of improving the patient experience, the role of population-based health care in improving the overall health of our communities and country and the importance of lowering per capita costs. We will then pivot and take a look at specific examples that are currently happening on multiple fronts. These will include initiatives driven by health policy and regulation, examples of social and environmental awareness and incentives and public/private collaboratives. Each initiative on its own is designed to support and create improvement in our healthcare delivery and payment systems. Each initiative also includes a prescribed set of measures, an expectation for data collection and an analysis to determine their impact and contribution to success. When taken collectively these initiatives create clear and directionally positive momentum for change. Along with this change, comes opportunity for Home Healthcare and Hospice organizations to contribute to that success.

Lastly, we will discuss the expected time lines and levels of confidence that are designed to assist us in achieving meaningful change. Knowing and understanding these timelines will help the audience recognize the collective impact and convergence of these initiatives designed to support the desired future state of health and health care in the United States.

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